



# 其实没那么难!

#### PS:认识字母就可以 😓 😓 😓

#### 答题套路-阶段

我………择……狗…… 笥

1. 记住字母拼写-完成解题(低端)

2. 认识简单连词,代词-逻辑推断(中端-推荐)

3. 词汇量充足,大体上理解文章含义-3000至4000词汇量(高端)

#### 自考本科英语2

1.阅读判断(10分)
2.阅读选择(10分)
3.概括大意&补全句子(10分)
4.填句补文(10分)

American researchers set up the first commercial cell phones system in 1979



#### 全是套路!!

#### PS:前提是你得"认识"字母!!! 😓 😓 😓

1.先读文章第一段

#### 2. 阅读第一题题干-寻找"定位词"

3.定位原文-匹配题干

4.再看第二题,以此类推



1. Believe it or not, cell phones have been around for over a quarter of a century. The first commercial(商业的) cell phones system was developed by the Japanese in 1979. But cell phones have changed a lot since that time. The early cell phones were big and heavy but they have been developed into small and light palm-sized(巴掌大小) models. There have been huge developments in their functions, too. We have had cell forwarding (呼叫转移), text messaging, answering services and hands-free (免提) use for years, but now there are countless new uses, such as instant access to the internet and receiving and sending photos.

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2. Cell phones have become very common in our lives. Recent statistics suggest as many as one in three people on the planet now have a cell phone, and most of them say they can't live without one. Cell phones are used in every area of our lives and have become a necessary tool, used for essential arrangements (基本安排), social contact and business. They have made it easier to call for help on the highway. They have made it possible to keep in touch with people "on the move" when people are traveling.

4. Recent statistics show that 50% people have a cell phone now.

5. Children's cell phones are expensive than those of their parents.

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6. Cell phones have make it easier for people to contact with each other

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9. Using cell phone too much is good for people's brains.

4. This does not mean that cell phones are all good news. They have brought with them a number of new headaches for their owners: it costs a lot to replace stolen phones, something that is becoming a frequent occurrence (频繁发生), and have you ever seen such huge phone bills? More serious, however, is the potential health problem they bring: there are fears that radiation (辐射) from the phones may cause brain tumor(肿瘤). This may be a time bomb waiting to happen to younger people who have grown up with cell phones that they simply can't live without.

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10. Younger people depend on the cell phones so much



1. Everyone likes to shop for gifts for the holiday season, but few people know the history of holiday shopping. While people have heard of Black Friday, most do not know its origins. Black Friday is the day after Thanksgiving (感恩节). On this day most retail stores open their doors very early. Some as early as 4 am. In addition, they provide their customers with great discounts on products. With this in mind, it is clear to see why so many shoppers buy many of their Christmas gifts on Black Friday.

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4. Black Friday started in the USA.

2. Black Friday is not as old as many people think. In fact, it is believed that the first Black Friday was held in the 1970s in the USA. It was a day when stores decided to mark the start of the holiday season. In order to draw more customers, they offered great discounts. All products sold very well. This large success resulted in the name Black Friday. It was so named because the stores were "in the black". This financial term means the stores made a lot of money. However, it was not until around 2002 that Black Friday really started to gain in popularity. Today in the USA, countless advertisers proudly announce their Black Friday sales. They hope to attract shoppers into their stores.

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3. Black Friday is a day when many shoppers in the USA go out and buy gifts, even though Christmas Eve is still a more popular day to shop. Thanks to the Internet, it is now possible to get some excellent Black Friday deals online. So if you don't want to get to the stores by 4 am, this is the perfect way to still get items at reduced prices.

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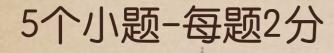
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# 套路是什么!!

1.阅读题干-找"定位词"

#### 2.带着"定位词"匹配原文

#### 3."定位区域"-匹配选项





11.Dr. Kleitman explains that a person is difficult to get up in the morning probably because of \_\_\_\_\_

A. his own laziness

B. his own energy cycle

C.his own habit

D. his bad rest in the morning

Do you find getting up in the morning so difficult that it's painful? This might be called laziness, but Dr. Kleitman has a new explanation. He has proved that every has a daily energy cycle. During the hours when you work, you may say that you're "hot". That's true. The time of day when you feel most energetic (精力充沛的) is when your cycle of body temperature is at its peak(顶点). For some people the peak comes during the morning. For others it comes in the afternoon or evening.

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12. According to the passage, people's energy peak maybe come\_\_\_\_\_.

A. in the morning

B. in the afternoon

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13. If one wants to work more efficiently at his low point in the morning, he

should\_\_\_\_.

A. change his energy cycle

B. overcome his laziness

C. get up early than usual

D. go to bed early

No one has discovered why this is so, but it leads to such familiar monologues(自言自语) as:"Get up. John! You will be late for work again!" The possible explanation to the trouble is that John is at his temperature-andenergy peak in the evening. Much family quarrelling ends when husbands and wives realize what these energy cycles mean, and which cycle each member of the family has. You can't change your energy cycle, but you can learn to make your life fit it better. Habit can help, Dr. Kleitman believes. Maybe you're sleepy in the evening but feel you must stay up late anyway. Counteract(对抗) your cycle to some extent by habitually (习惯地) staying up later than you want to. If our energy is low in the morning but you have an important job to do early in the day, rise before your usual hour. This won't change your cycle, but you'll get up steam(鼓起干劲) and work better at your low point. Get off to a slow start which saves your energy. Get up with a leisurely yawn (打哈欠) and stretch (伸懒腰). Sit on the edge of the bed for a minute before putting your feet on the floor. Avoid the troublesome (麻烦的) search for clean clothes by laying them out the night before.



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14. A leisurely yawn and stretch when getting up can\_

A. help to save your energy

B. help to control your temper

C. help to arrive at the energy peak

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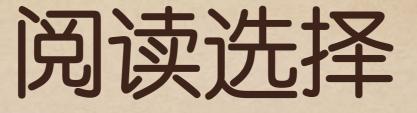
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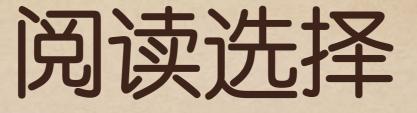
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15. Which of the following statement is NOT TRUE?

- A. Getting off to work slowly can save one's energy.
- B. Kleitman explains the reason for different energy peak time
- C. Habit helps a person adapt to his own energy cycle.
- D. Children also have energy cycles.

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Any Questions

